

The Vigil



St. Vincent's
FOUNDATION

*Called to...do more,
give more, serve more*

Sisters' Vigil

Spring 2016

In memory of Julie Marie: *Grandparents' Gift Blesses Others*



When Bill and Violet Washington sought to honor the memory of beloved granddaughter Julie Marie Richardson, they turned to St. Vincent's Foundation. Their resulting gift, a Bruno Cancer Center child-friendly waiting/consult room, is now blessing countless families.

In 1983 six-year-old Julie Marie had inoperable cancer. One fall day she assured her uncle, Dr. Hugh Washington, that although she was going to die, Jesus had told her all would be okay. As her faith comforted her family in her death, the family sought to comfort other families during cancer treatment. The Washingtons' Charitable Gift Annuity with St. Vincent's

Foundation was designated to create the area that their family lacked during Julie Marie's hospital stay in Virginia.

Late last year, Violet Washington died, leaving her annuity to fund the Julie Marie Richardson Room.

"This is a child-friendly space for families to wait, or even to meet with our oncology counselor," says Bruno Cancer Center Manager Kris Boone. "There's such a benefit to an area that's not an exam room or a sterile place, where children can be told why Mom is sick, or to deal with their concerns around cancer."

Patient Navigator Natalie Hooks may use Julie Marie's room to assess family needs, from transportation to lodging. "This room is invaluable in demonstrating our care for all of a patient's concerns. Patients can be confident that their child has a safe and fun place to wait while a parent is being treated."

Julie Marie's room allows children to be children—playing, laughing, or even crying as they deal with the changes that cancer brings to the whole family.

"The room was a particular blessing when an out-of-state grandmother was diagnosed with cancer after coming here to temporarily care for her grandson," says Boone. "She had no one to turn to. It was such an extraordinary situation that our staff took turns playing with the grandson in Julie Marie's room during the treatments that led to her recovery. That room was a blessing."

Julie Marie's father, Dr. Bill Richardson, recently expressed his appreciation to Bill Washington for the memorial honor. "Your generosity and Violet's vision to address a very real need for countless families, truly reflects Julie Marie's life of joy and hope."

Turn to page 2 to learn more about how you can follow the Washingtons' example, using a Charitable Gift Annuity to make a significant difference.

You Can Make a Gift and Receive One

If you are age 60 or older, you can purchase an immediate or deferred Charitable Gift Annuity (CGA), providing you income for life and ensuring the charitable mission of St. Vincent's Health System. Some benefits:

1. PERSONAL SATISFACTION. Perhaps the greatest CGA benefit is the personal fulfillment of sustaining St. Vincent's 117-year mission in our community. Your critical support continues to update equipment, enables major renovations and ensures lifesaving treatment for persons with little or no access to medical care.

2. ATTRACTIVE RATES. Due to its age basis, CGA offers a fixed return, rather than CD rates or investment market fluctuations. For example, a Single Life contract at age 70 yields a 5.1 percent return, with rates increasing to as high as 9 percent for older donors. Likewise, a Joint Life contract can be paid over two lives. Although rates are slightly lower, the CGA continues to provide support to a spouse.

3. TAX-FREE PAYMENTS. Part of each annuity payment is tax-free. For example, Mrs. Jones, age 75, purchased a \$10,000 CGA at 5.8 percent, yielding \$580.00 annually, for life. Of this amount, \$443.00 will be tax-free "return of principal."

4. INCOME TAX DEDUCTION. Because a CGA is part-gift and part annuity contract investment, the donor is entitled to an immediate tax deduction.

In the case of Mrs. Jones, her \$10,000 CGA will result in a \$4,502.00 charitable tax deduction, available for the tax year the gift annuity is established. If the deduction cannot be used entirely, the donor has up to five years to carry forward the unused amount.

5. FIXED, REGULAR PAYMENTS. No matter what happens to the financial markets, annual annuity payments remain constant. The Foundation has provided CGA contracts for 30 years.

There are additional benefits. Some seek to reduce the size of their taxable estate. Others want the simplicity of leveraging income for themselves, a spouse or someone special. A CGA can shelter any additional annual income for retirement through a deferred CGA. Donors with highly-appreciated stock enjoy the added benefit of bypassing capital gains taxes, which can be as much as 20 percent.



St. Vincent's Foundation can provide you with a CGA gift illustration benefitting you while providing a meaningful gift to sustain the St. Vincent's Health System's mission. PLEASE CALL 205-838-6151 FOR MORE INFORMATION.

Honorariums *The following individuals were recognized through a gift in their honor.*

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Ansleigh R. Bartholomew
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Benefactors' Mass Recognizes Philanthropists

On March 15, the St. Vincent's Foundation Benefactors' Mass, a "celebration of selfless generosity," focused on stories of several St. Vincent's Health System donors.

Although each donor's reason for giving differs, two illustrate a common refrain, of love and calling.



DEMONSTRATED LOVE: WAYNE ROGERS

Wayne Rogers was not only a renowned actor, but also a money manager/investor, Princeton graduate, native Alabamian, and benefactor of the Loula Eustis Rogers Award for Caregiving, a St. Vincent's Foundation endowment Rogers named for his sister, who died of cancer at St. Vincent's. Rogers explained his intent for an annual Associate's award:

"Perhaps the single consolation I found during her difficult illness was in knowing that the employees of St. Vincent's Hospital who tended her needs were a very special group of people. They demonstrated a genuine love for their patients. They went out of their way to make her days as pleasant as they could and to make me comfortable as possible."

Rogers passed away in California, surrounded by family, on December 31, 2015.

"We were so very saddened by Wayne Rogers' passing. His generosity and love of St. Vincent's lives on through the recognition of our Associates, who daily live out our Mission," says Rhonda Buzbee, St. Vincent's Foundation's Mission Integration and Philanthropy director.



COMMUNITY CALLING: SUZANNE AND EDDIE BIBB

Although Southern Baptists, both Suzanne and Eddie Bibb have benefitted from the Daughters of Charity's ministries since childhood. Those influential threads came together when Suzanne moved to Birmingham in 2001 to serve within Eastern Health System's human resources department, today a core component of St. Vincent's Health

System. She met Eddie at church. They married in 2005.

"When we built our retirement lake house near Pell City, we knew the area desperately needed a new hospital, and we wanted to help," Suzanne says. Eddie suggested they fund two large rooms that enabled family to have extended stays like those his family benefited from during his father's illness and subsequent death. The couple made these beautiful and spacious suites a reality at St. Vincent's St. Clair through their generosity to the Foundation.

"We believe there are multiple ways to do God's work - inside a church, but also out in the community. St. Vincent's and the Daughters of Charity have always instilled a love of community," says this former St. Vincent's associate. "I know that to work there is not just employment, but a calling."

HONOREES

Patty and Allen Baker
Suzanne and Eddie Bibb
Circle of Hope
Community Foundation of Greater Birmingham and Women's Breast Health Fund

Val and George Holman
Junior League of Birmingham
Mary and Bill Moran
Dottie and Steve Pak
Regions Financial Corporation
Lyda S. White

IN MEMORY

Richard "Dick" Bullock
Victoria D. Crenshaw
Willard "Jack" Hurley
Sr. Mary Frances Loftin, D.C.
Liz Moore
Alex Newton

Christine Reeve
Wayne Rogers
Sr. Mary Cecilia Schlebecker, D.C.
Violet Washington
Lily Glass Woodall

Memorials *Lord, may our prayers come before you in memory of those we entrust to your eternal care.*

Velma Abbott
Dwight Arrington
Dr. Richard L. Berryman
Emily Boone
Michael Bowman
Wendell Bowman
Joyce G. Bradley
Rebecca L. Bradley
Sam Bradley
Mike T. Brewer
Wendy J. Bryan
Agnes J. Bynum
Alan Caldwell
Miles A. Callahan
Charles W. Callans
James G. Carter
Sarah T. Caruso

James Chapman
June Chapman
Joyce R. Chapplear
Steve Cook
Victoria D. Crenshaw
Frank and Lena D'Amico
Eleanor Davis
Chris Ehl
Irma R. Erdreich
M. K. Erdreich
Kathlynn P. Fadely
Eleanor M. Fairley
Fay B. Fourman
Christopher J. Gilbert
Olivia G. Gilbert
Bettie Ruth Glover
Dr. John S. Gould

Anne D. Greenberg
Marilyn W. Grubbs
Dr. Alfred Habeeb
Troy B. Harbin
Randy J. Harper
Tony Hix
Kathy Jackson Memorial
Stephen C. Jackson
Hayden James
Doris W. Kelly
Edwin T. Kerr
Richard E. Knie
Helen and Frank Lawlor
Lee Layton
Sr. Mary Frances Loftin, D.C.
Harriet Maloof
Bobby Martin

Harvey G. Martin
Dolly Newmark
Alex W. Newton
Arthur D. (Buddy) Nolan
Madeleine G. Pak
Mike Parker
J. Michael Phillips
Harrison J. Powell
Barbara A. Prestage
Jeff Pruitt
Ronald L. Ramey
Henry E. Randolph
Alvin L. Rich
Mrs. Ed Robinson, Jr.
Paul and Frances Ross
Helen E. Rozendale

Sr. Mary Cecilia Schlebecker, D.C.
Claudette V. Smith
Dorothy W. Smith
Karlene K. Sorsby
Cathy Streeter
John L. Tanner
Dr. William J. Terry
Jennifer L. Thomas
Doris H. Waldo
Violet Washington
Donald F. Watkins
Tracy F. Wiley
Thomas H. Willings, Jr.
Albert E. Wynne III



Foundation Supports Mission Expansion: *St. Vincent's Chilton Opens This Fall*

Excitement is building in Chilton County. As 45,000 residents and thousands more in neighboring counties eagerly watch their new hospital's construction, St. Vincent's Foundation is busy assembling its own type of structural support.

St. Vincent's Foundation staff has joined planners ensuring St. Vincent's Chilton's 30-bed facility opens this fall with everything needed for wellness and quality healthcare offered in a spiritually-centered environment. Foundation leaders have consulted with state and local officials and countless Associates, including St. Vincent's Chilton Administrator Suzannah Campbell and St. Vincent's Birmingham/Chilton President and Chief Operating Officer Evan Ray, to assist the community in expressing their gratitude and support for the facility.

Everyone is determined to provide Chilton County with excellent, close-to-home care.

DEVASTATING LOSS

"Many of our people are now driving an hour to get to a hospital," says Chilton County Healthcare Authority Member Allen Payton, a local business owner. "I was born at the original hospital. We probably just took for granted it would always be there."

Chilton's residents so relied on Clanton's hospital that in

2011 its board contacted St. Vincent's Health System to form contingency plans for tornadoes or other devastating losses.

"They agreed to come help us if we needed them," Payton says of St. Vincent's leadership. No one imagined that the devastation would come in the form of sudden closure. But when the hospital's owners abruptly ceased operations in 2012, Chilton officials knew whom to contact.

"We looked no further than St. Vincent's. We're committed to them and they're committed to us."

DEDICATED COMMUNITY

In 2014, nearly 80 percent of Chilton County's electorate demonstrated their voice and vision with a hospital construction sales tax. "So that tells you how excited people were, and how willing they were to make sure we had a new hospital," Payton says.

Citizens watched as the Interstate 65-adjacent site was prepared. When the traditional beam-signing ceremony was held to celebrate the completion of the framing, residents attended in record numbers.

"The community support has been overwhelming for this hospital," says Ray. "Anytime you get a group willing to raise their own taxes to help fund a facility, that's pretty incredible.



St. Vincent's has a great experience in rural health care operations, and we're excited to make this happen."

MEETING NEEDS

Impressed with the St. Vincent's St. Clair care model, Chilton leaders consulted that hospital's Associates for planning insights, then initiated new technology additions, including cost-saving energy efficiencies.

"It's extremely important that these residents have a state-of-the-art facility that can provide for all the county's needs," says Campbell. "We're going to have a full radiology suite with mammography, MRI, and CT. We'll open with two of three eventual operating rooms, and an ICU. But the most important thing is for them to have both preventative care and emergency medicine close to home."

ACCESS FOR ALL

"One of our main focuses across St. Vincent's Health System is

building a clinically-integrated system of care," says Ray. "A large component of that is having coordinated resources for Central Alabama residents to access top-notch, quality wellness services and health care. We see St. Vincent's Chilton as a major component of this integration."

Campbell says St. Vincent's emphasis on access points is inspired by the inclusive, "care for all" principles modeled by our original founders, the Daughters of Charity. "It's now becoming impossible for single hospitals to survive without a connection to a large health care system. Our connection to Ascension Health, a Catholic, nonprofit network with 1,900 sites of care in 24 states and the District of Columbia, enables us to continue the founding work to go to the communities that are in need of healthcare."

"We're thankful for a faith-based, nonprofit health system here," says Payton. "We all know the values and care and mission that St. Vincent's has is world-renown, and we're just appreciative to have the opportunity to have them here."

How You Can Help

An essential component of the healing process is expressing gratitude. St. Vincent's Foundation exists to assist donors of simple and significant means to say thank you that the emergency room was equipped and ready at

the time of a crisis or for the care coordinator who helped a patient secure health insurance that they did not know they could obtain. Our shareholder is the community, so we are dependent on this 117-year partnership to ensure our

future, and to sustain what our 4,500+ associates proudly call a ministry.

To make a donation or learn about specific naming opportunities at St. Vincent's Chilton, contact the Foundation at 205-838-6151.

Where St. Vincent's Foundation Funds Come From...

Most of St. Vincent's Foundation's critical financial support of St. Vincent's Health System arrives via grateful patients and their families, generous private and public foundations and enduring corporate friends. Others are received through fundraising events from amazing and creative individuals and groups because they experienced the care of St. Vincent's even when curing was not possible, including these recent events.



Greg with son, Nicholas, at the October 1 event at Overtime Grill and Bar

BENEFIT CONCERT FOR ST. VINCENT'S BIRMINGHAM

After spending time at St. Vincent's Birmingham's NICU during his twin sons' first few days of life, Greg Brasher wanted to show his appreciation for the excellent care that his family received. With his band member, Jason Armstrong, Greg contacted St. Vincent's Foundation and asked if they could hold a charity event and donate proceeds to the NICU.

Greg and Jason partnered with Overtime Grill and Bar, that donates 10 percent of the night's proceeds to the NICU. Now in its third year, the event has raised more than \$6,000. Greg currently serves on the Foundation's Junior Advisory Board, and his band has played at other St. Vincent's fundraising events.



BAGS AND BREWS CORNHOLE TOURNAMENT

The St. Vincent's Foundation Junior Advisory Board's first annual Cornhole Tournament was held February 6 at Good People Brewing Company. More than 200 people attended the very energetic, sold-out event that raised more than \$16,000. Proceeds purchased a temporary external pacemaker at St. Vincent's East and a patient bed at St. Vincent's Blount.

A special thanks to the event sponsors: Brasfield & Gorrie, Adams and Reese LLP, Altec Inc., Basic Drywall, Inc., Bruno Event Team, BTC Wholesale Distributors, The Frank & Lillian Buckner Foundation, CARVANA, Hardy Corporation, Hoar Construction, Maynard Cooper Gale, Merrill Lynch Wealth Management, and ServisFirst Bank.



Birth Suites staff displays shirts sold to support breast cancer patients

T-SHIRT SALE AT ST. VINCENT'S EAST

Associates in the Birth Suites at St. Vincent's East do more than help welcome babies into the world, they are supporters in the fight against cancer, heart disease, and more. Recently, they sold 150 t-shirts and raised \$1,400 to help breast cancer patients. An associate whose mother died from the disease designed the shirt. This year's theme was "Keep Calm And Fight On."

...WHAT CREATIVE EVENT ARE YOU CONSIDERING?

Although St. Vincent's Foundation organizes events to benefit our health ministries, we are also very grateful when others raise money and community awareness because they want to ensure the future of St. Vincent's. To apply your creative abilities to sponsor an event, visit us at stvhs.com/give/events, or call 205-838-6151.

Serving Our Communities: Foundation Funds Training in Mental Health “First Aid” for Clergy

Even before St. Vincent’s Foundation assembled last year’s roundtable of mental health experts to evaluate local resources, St. Vincent’s Health System was already responding to community requests. On April 8 one request was answered through St. Vincent’s free, nationally-accredited training and certification for regional clergy in “Mental Health First Aid.”

Sponsored by Anne Bruno LaRussa and the Daniel Foundation, the eight-hour training event for all denominations addressed both the roundtable’s aims and faith leaders’ requests.

In addition, “St. Vincent’s has an established Clergy Wellness program,” says Julia Sanford, licensed social worker and care coordinator at St. Vincent’s East Behavioral Health Outpatient Clinic.

“That group, as well as St. Vincent’s chaplains, had expressed interest in more training in mental health. The Mental Health First Aid seminar not only addressed their request, but opened the opportunity to all clergy. We were pleased to see a wide range of attendees from across the region.”

Based on principles common to physical first aid, Mental Health First Aid trains participants to identify mental illness symptoms and access help.

Dr. James Todd McGahey is Jacksonville State University’s

program chair of Clinical Mental Health Counseling and a certified Mental Health First Aid instructor. He and Licensed Social Worker Kimberly Whorton instructed attendees on screening methods and strategies that can enrich—or even save—a life.

“Perhaps someone comes into their church seeking help,

and that person is in a psychotic episode,” McGahey says. “This method teaches them how to identify someone with a mental health need and how to access their need. It also provides them with the appropriate referral support when they’re talking with someone with chronic illness, such as depression, so they can assess that person’s potential for self-harm.”

Sanford hopes the April 8 training session will encourage others to



attend another certification planned for the fall.

“We want them to spread the word in their communities, because we want to do this again for the larger community, including service providers likely to develop relationships with people suffering from a mental illness. They may find out about things, like abuse or dependency, and want to help, but don’t know how. This will help them know whom to contact.”

For more information on supporting the Foundation’s expanding mental health initiatives, call 205-838-6151.



SUPPORT GROUP ADDRESSES POSTPARTUM DEPRESSION

The Foundation’s community mental health initiative is also promoting a monthly postpartum depression support group at St. Vincent’s East. The hospital’s Outpatient Behavioral Health Clinic is a free, no-registration meeting led by a licensed social worker. Women are welcomed to ask questions, share their concerns, and meet other moms who can share tips and encouragement.

Furthering St. Vincent’s Health System’s commitment to prevention and wellness, and not just responding to events of sickness, this support group is targeted at a range of women, from third-trimester expectant moms to mothers of three-year-olds. For more information, call 205-838-3349.

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Telling Our Story: Free St. Vincent's License Plate Drives Support



Associates at St. Vincent's Foundation hope others will follow Christy Hare's example. When Hare, a St. Vincent's St. Clair financial counselor, heard the Foundation had received State approval for a specialty license plate, she immediately completed a reservation form.

Hare knows how license plates can tell stories. "My current license tag is 'MISSIN U,' in memory of my son, Charles Casey Hare, who died after running off the road on his way home from work five years ago. He was 16 years old. People often ask me what the tag means, and I get the chance to remember him."

Hare's story is tragic, but it is also about how her faith and co-workers saw her through an unimaginable loss. She sees the new St. Vincent's license plate as an opportunity to combine her loving tribute of Casey with a gift to St. Vincent's Foundation. And although she was among the first to reserve an Alabama-issued St. Vincent's license plate, she believes St. Vincent's legacy of care will quickly include many stories.

We need your help! In order for the plate to go into production, we must secure 1,000 commitments from friends, like you. *The first 1,000 supporters reserving a tag will earn a*

voucher entitling them to a free license plate during their customary tag renewal month. Each donor still pays their regular motor vehicle registration fee. When donors renew their specialty tag (and when others receive their first tags, if they're not among the first 1,000), \$41.25 of the tag's \$50 fee becomes a tax-deductible donation to the Foundation.

Hare believes vehicle owners across the State will be eager to share their St. Vincent's stories and support the Foundation's work, including the St. Louise Fund, established to aid Associates in need. When Casey died, that fund helped Hare during a time of grief and financial need. She has since been able to return to work and now contributes to the Fund, hoping to provide for others.

"I love what I do," says Hare. "I love the Foundation and I love the hospital. St. Vincent's is a family. So many people there reached out to me five years ago, and they still know about it and still care. And that really means a lot."

Support the Foundation's work and tell your story. Reserve your St. Vincent's license plate today at stvhs.com/cartag. You will need your VIN and current tag number to complete the form.

Thank you

St. Vincent's Foundation is pleased to provide this newsletter to thank you for your support and to provide a brief summary of the impact your giving has on our mission of providing innovative, effective, and compassionate care to everyone regardless of status or financial resources.

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